

डॉ. हेमलता आर, एम डी; एक एन ए एम एस, एक आई यू एन एस निदेशक

Dr. Hemalatha R, MD, FNAMS, FIUNS Director

आई सी एम आर – राष्ट्रीय पोषण संस्थान स्वास्थ्य अनुसंधान विभाग, स्वास्थ्य और परिवार कल्याण मंत्रालय, भारत सरकार

ICMR - National Institute of Nutrition
Department of Health Research, Ministry of Health
and Family Welfare, Government of India

Ref: D/NIN/03/19 14th March, 2019

To State Tobacco Cell Directorate of Health & Family Welfare, Govt. of Telangana, Hyderabad

Sub:- Declaring ICMR –NIN, Hyderabad as "Tobacco free ICMR –National Institute of Nutrition", Hyderabad.

Ref: D.O No.P.16012/06/2017-TC dated 20th November 2018 letter from Hon'ble Preeti Sudan, Secretary, Government of India to all Chief Secretaries

Dear Sir,

With above referred D.O letter, we are herewith submitting the declaration that ICMR - National Institute of Nutrition (NIN) as "Tobacco free ICMR - National Institute of Nutrition (NIN)" for effective implementation of tobacco control legislation as per National guidelines. We are herewith enclosing some of our efforts which may indicate commitment towards the Tobacco free ICMR - National Institute of Nutrition (NIN), Hyderabad.

- 1. The earlier Director's of the Institute has appointed Officer on Special Duty (Anti-Smoking officer) in 1990 as per the guidelines of Tobacco Control Division, MoH&FW, GOI.
- 2. For the past 20 years we are actively engaged by conducting the **counseling programs** to create awareness on the health effects of smoking and tobacco chewing.
- 3. The institute carried out several investigations: i) Effect of tobacco chewing, Pan masala, pan parag, khaini, ii) Awareness on ill effects of reverse smoking in population of Srikakulam District, AP.
- 4. 'No Smoking Boards' are displayed at various sites in the institute premises (Photographs –Enclosure –I)
- 5. Our visitor pass also is displayed with the symbol that ICMR-NIN is no smoking zone (Enclosure –II).
- We have displayed prototype boards declaring that ICMR National Institute of Nutrition (NIN)
 as "Tobacco Free ICMR National Institute of Nutrition (NIN)" (Enclosure –III).
- 7. In order to comply orders of tobacco free premises, the prototype boards containing 'Prohibited and is a punishable offence with fine upto Rs. 200/- (Enclosure –IV).'

This is for your information

Yours sincerely

(DIRECTOR)

- 1. Smt. Preeti Sudan, Secretary to GOI, Department of H &FW, MoH&FW, New Delhi.
- 2. Commissioner of Health & Family Welfare, Govt. of Telangana, Hyderabad
- 3. Dr. Sonu Goel, MD (Community Medicine), PGIMER, Chandigarh.
- 4. Dr. Mahaboob Subhani, State Programme Officer,